

Bridgewater Academy

Breakfast

October 2021

Mon	Tue	Wed	Thu	Fri
4 Assorted Cold Cereal Blueberry Muffin Fruit Juice Milk	5 Assorted Cold Cereal Croissant & Jelly Fruit Juice Milk	6 Assorted Cold Cereal Pancakes Fruit Juice Milk	7 Assorted Cold Cereal Biscuit & Sausage Fruit Juice Milk	8 Assorted Cold Cereal Yogurt & Granola Fruit Juice Milk
11 Assorted Cold Cereal French Toast / Syrup Fruit Juice Milk	12 Assorted Cold Cereal Cheese Omelet Fruit Juice Milk	13 Assorted Cold Cereal Assorted Cereal Bar Fruit Juice Milk	14 Assorted Cold Cereal French Toast Sticks Fruit Juice Milk	15 Assorted Cold Cereal Chocolate Chip Muffin Fruit Juice Milk
18 Assorted Cold Cereal Pancakes Fruit Juice Milk	19 Assorted Cold Cereal Assorted Pop Tarts Fruit Juice Milk	20 Assorted Cold Cereal Muffin Fruit Juice Milk	21 Assorted Cold Cereal Egg & Cheese on English Fruit Juice Milk	22 Assorted Cold Cereal Waffles Fruit Juice Milk
25 Assorted Cold Cereal Cheese Omelet Fruit Juice Milk	26 Assorted Cold Cereal French Toast Sticks Fruit Juice Milk	27 Assorted Cold Cereal Bagel $\frac{1}{2}$ & Cream Cheese Fruit Juice Milk	28 Assorted Cold Cereal Chicken & Biscuit Fruit Juice Milk	29 Assorted Cold Cereal Butter Croissant & jelly Fruit Juice Milk

Menu is subject to change without prior notice. Choice of 1% White or Fat Free Chocolate milk served daily with all meals.
BWA is an equal opportunity provider and employer

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Lunch

October 2021

Mon	Tue	Wed	Thu	Fri
4 Ham & Cheese Sub Chicken Parmesan Sandwich Sliced Cucumber Mixed Fruit Milk / Juice	5 Turkey Club Sandwich Hot Dog on a Roll Fresh Broccoli Fresh Grapes Milk / Juice	6 Sloppy Joes Fish Sticks Cole Slaw Sliced Peaches Milk / Juice	7 Cheese Pizza Tuna Salad Roll Celery Sticks Pineapple Milk / Juice	8 Chicken Salad on a Roll Sliced Ham & Cheese Sand. Sliced Cucumbers Fresh Grapes Milk / Juice
11 Chicken Nuggets Ham & Cheese Sandwich Celery Sticks Pineapple Milk / Juice	12 Macaroni & Cheese Meatball Sub Carrot Sticks Apple Sauce Milk / Juice	13 Sliced Turkey & Cheese Sand. Vegetable Lasagna Zucchini Sticks Fresh Grapes Milk / Juice	14 Cheese Pizza Chicken Nuggets Fresh Broccoli Watermelon Milk / Juice	15 Filet O Fish Sandwich Corn Dog / Mustard Cucumbers Sliced Apples Milk / Juice
18 Grilled Cheese Sandwich Turkey Dog on a Bun Cole Slaw Diced Peaches Milk / Juice	19 Chicken Patty Sandwich Egg Salad Roll Celery Sticks Tropical Fruit Milk / Juice	20 Macaroni & Beef Turkey Bologna & Cheese Sandwich Carrot Stick Apple Sauce Milk / Juice	21 Chicken Quesadillas Sliced Ham & Cheese Sand. Corn Fresh Grapes Milk / Juice	22 Chicken Nuggets Fish Sticks Broccoli Fresh Apple Milk / Juice
25 Hot Ham & Cheese Wrap Tuna Salad Roll Buttered Corn Orange Wedges Milk / Juice	26 Cheese Burger Sliced Turkey & Cheese Sand. Baked Beans Watermelon Milk / Juice	27 Pulled Pork on a Bun Grilled Cheese Sandwich Celery Sticks Tropical Fruit Milk / Juice	28 Meatball Sub Pepperoni Pizza Tatar Tots Fresh Melon Milk / Juice	29 Chicken Nuggets Peanut Butter & Jelly Sand. Baby Carrots Pineapple Milk / Juice

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